



UPCOMING IMPORTANT DATES

November 12-20
Health Benefits Open Enrollment

November 14 at 7 p.m.
Registration Closes/Tuition is Due

November 19 at 7 a.m.
Registration Reopens

November 21 at 5 p.m.
College Closes for Thanksgiving Break

November 22
College Closed

November 23
College Closed

December 14 at 11 a.m.
Wind Turbine Technician Academy
at the Groves Center. All are
welcome to attend.

December 16 at 4 p.m.
Commencement at Miller Auditorium.
All are welcome to attend.

Veterans Day – Honoring all Who Served

Celebrate Veterans Day with the veteran services department Nov. 8-9. Events and activities at the Texas Township campus include:

November 8 in the Lyceum

12 – 12:30 p.m. | Student Veterans Panel Discussion

12:30 – 1 p.m. | Music with DJ Zaynee

1 – 1:30 p.m. | Student Veterans Panel Discussion

1:30 – 2 p.m. | Music with DJ Zaynee

2 – 2:30 p.m. | Student Veterans Panel Discussion

2:30 – 3 p.m. | Music with DJ Zaynee

November 9

Join us at 8 a.m. at the flag pole entrance for a flag raising ceremony. Immediately following the flag raising, breakfast will be served in Room 4240. If you would like to attend the breakfast or have questions please contact [Mike Morehouse](#).

Smart Catalog

Kalamazoo Valley's new electronic catalog offers students a path to find information on admission policies and procedures, graduation requirements, and academic regulations as well as detailed descriptions of academic programs and course offerings. Each year the catalog is published with updates to courses, programs, and other helpful academic information and all previous years' versions are archived and fully searchable. Students can browse through our programs of study by pathway to get an idea of what programs we offer and their requirements or click on individual course titles to see descriptions and prerequisite information. They can also review academic policies and find basic information on tuition, financial aid, and student services available on campus. Check out our new [Smart Catalog](#) today.

Holiday Fun at the KVM this Saturday

Come out and enjoy the downtown Kalamazoo holiday parade on Saturday, Nov. 10 at 11 a.m. After the parade, follow Kalamazoo Valley Community College's student-athlete Cougar Cruiser to the Kalamazoo Valley Museum for free hands-on activities for children.

No matter what holiday you celebrate, turn on the creativity as you decorate dog leashes, wooden ornaments, banners, games, jewelry, picture frames, cups, visors and hats, puppets, shoe laces, potholders and aprons to make personalized gifts. Draw freehand or use one of the museum's many stencils to design gifts. This free event runs from noon to 4 p.m. at the Kalamazoo Valley Museum.

Open Enrollment

The following sessions have been scheduled to assist each department/area with the 2019 Open Enrollment process for health benefits:

AWH, CNM, & KVM

November 12 | 8 a.m. – 1 p.m. | AWH Room 121

BHLC

November 12 | 2:30 – 4 p.m. | CAH Room 207

Groves

November 13 | 3 – 4:30 p.m. | Groves Room A1060

TTC Faculty, Deans, & Instruction and Student Services

November 13 | 10 a.m. – 2 p.m. | TTC room 7422

November 14 | 1 p.m. – 4 p.m. | TTC Room 7422

IT, Learning/Testing Centers, Office for Student Access, Media, & Libraries

November 14 | 9 a.m. – 12 p.m. | TTC Room 2311

Student Success Services, Enrollment Management, & International Student Services

November 15 | 8 a.m. – 12 p.m. | TTC Room 9318

Business/Finance, Marketing, WFC, Public Safety & Administrators

November 15 | 1 – 3:30 p.m. | TTC-Financial Services Meeting Room

Facilities, Materials Handling, Maintenance, & Grounds

November 15 | 4 – 5 p.m. | TTC Library Computer Lab

Admissions, Financial Aid, Institutional Research, & Athletics

November 16 | 8:30 – 11:30 a.m. | TTC Admissions Workroom

If you miss your designated date and time, there will be one walk-in session in the Library Computer Lab on the Texas Township Campus Friday, November 16 from 1 – 5 p.m.

Drop-In Wellness Classes

This is a reminder and invitation to all employees at Kalamazoo Valley. Free fitness classes are offered on Mondays, Wednesdays and Fridays from 12:05 to 12:50 p.m. in Room 6040 in the Wellness & Fitness Center at TTC. These are drop-in classes that you do not need to sign-up for - just come when you can. See the descriptions below.

MONDAYS - Strength & Conditioning Workouts

1st Monday of the month - DRUM CORE (a low-impact cardio and toning workout that uses an exercise ball and drum sticks to challenge your body and mind).

3rd Monday of the month - RIPPED EXPRESS (total body workout, focusing on full-body resistance and low-impact power to create a highly efficient and effective workout).

All other Mondays - JUST STRENGTH (work all muscles to increase muscular strength and endurance).

WEDNESDAYS - HIIT Workouts

Every Wednesday will feature a different Low Impact/High Intensity Interval Workout to challenge all the parts and systems of the body.

FRIDAYS - YOGA CONNECT

Every Friday will focus on utilizing yoga poses and practices to help you connect your inner self and body.

Please contact [Blake Glass](#), WFC program manager, with any questions.

Important News from the Marketing Department

As we begin to prepare for the holiday season and time away from the office, we have been faced with a new challenge. The online tracking system that is currently used for completing your projects is going away.

As of Dec. 10, we will no longer have the OnePlace system to manage projects. We are in the process of purchasing a new system, which means vetting software, the RFP process and training for our staff as well as you, our internal clients.

We're not quite sure all that will be involved, so please be patient with us as we work through this process. If you have projects that you will need for the months of December and January, please submit them in PERF no later than Nov. 15. We must have all projects completed before Dec. 10 when the system expires.



The next KVAAP Connect event is Nov. 16 from 12 – 3 p.m. in Anna Whitten Hall, Room 128.

If you have students who you think may qualify for the KVAAP program, please encourage them to attend.



Kalamazoo Valley Culinary Arts
Student Holiday Pie Sale.

Fresh Baked Chocolate Walnut or
Take N' Bake Cherry Tart Kit

\$15 Each

What is KVAAP? Kalamazoo Valley Accelerated Associate Program (KVAAP) is an initiative that provides FREE TUITION, covers the cost of fees and books for participants and is meant to help ensure that students can attend school full-time and can complete their associate degrees.

For more information contact [Misti Mahon](#) or call 269.373.7945.

[Order Today.](#)

Pies are prepared by culinary program students. All orders require online purchase and must be picked up on Tuesday, Nov. 20 between 11 a.m. and 1 p.m. from Kalamazoo Valley Community College's Culinary and Allied Health building.

Kalamazoo Valley Collaborates on Cookbook

Cortney Afton, registered dietitian and nutrition care coordinator for Kalamazoo Community Mental Health and Substance Abuse Services (KCMHSAS), is certain that she's having a positive impact on the lives of her consumers. "Every day when I leave my job, I truly feel like I've helped someone," she said. "There are so many wonderful resources in Kalamazoo and this Mobile Kitchen initiative is one of them."

She's referring to a collaboration between KCMHSAS and Kalamazoo Valley Community College that resulted in the development of a cookbook that she considers "an incredible opportunity to educate consumers on the value of food as medicine." [more](#)

Get It Done – Get Ready for Winter Semester Event Nov. 28

Close to 10,000 students have been invited to the Texas Township Campus to attend Get it Done – Get Ready for Winter Semester Nov. 28 from 4 – 7 p.m. in the Student Commons. The event will serve as a one-stop option for students, parents and community members who have questions or are interested in attending Kalamazoo Valley.

Representatives from the Financial Aid Office, Office for Enrollment Management, the Admissions, Registration and Records Office, Student Activities and Organizations and Student Success Services will be on hand to assist those in attendance.

If you're interested in volunteering, contact [EJ Bast](#).

STRENGTH SPOTLIGHT

As a strengths-based organization, Kalamazoo Valley gives its employees the opportunity to develop their strengths by building on their greatest talents – the way in which they most naturally think, feel, and behave as unique individuals.

In upcoming issues of KV Focus Plus, we will highlight one of the 34 different signature themes as identified by the Clifton StrengthsFinder Inventory as well as the names and titles of different people within the college who share it as their number one strength so you can learn more about the people you interact with on a daily basis.

This Issue: Achiever

People with the Achiever theme have a very strong drive. Achiever describes a constant need for achievement. They feel as if every day starts at zero. By the end of the day they must achieve something tangible in order to feel good about themselves. And by "every day" they mean every single day — workdays, weekends, vacations. No matter how much they may feel they deserve a day of rest, if the day passes without some form of achievement, no matter how small, they will feel dissatisfied. They have an internal fire burning inside them. It pushes them to do more, to achieve more. After each accomplishment is reached, the fire dwindles for a moment, but very soon it rekindles itself, forcing them toward the next accomplishment. Their relentless need for achievement might not be logical. It might not even be focused. But it will always be with them. As an Achiever they must learn to live with this whisper of discontent. It does have its benefits. It brings them the energy they need to work long hours without burning out. It is the jolt they can always count on to get them started on new tasks, new challenges. It is the power supply that causes them to set the pace and define the levels of productivity for their work group. It is the theme that keeps them moving.

The genius of their Achiever talent begins with their tremendous motivation, drive and determination. They are in constant motion to reach their goals. The second aspect of their genius is found in the types of goals they set. They have daily goals in the form of lists of things to do. Then they have future goals tied to their daily goals. Finally they have ultimate goals. Their unlimited goals are always tied to excellence. So the genius of their Achiever talent is the tremendous amount of motivation and drive they have to reach their goals and to move their goals toward being excellent in terms of performance, productivity effectiveness and efficiency. No wonder this talent is called Achiever.

Did you know that Kalamazoo Valley employs several faculty and staff who have Achiever as their number one strength? They include: President **L. Marshall Washington, Ph.D.**, Public Safety Officer **Todd Weston**, Asst. Dir. of Financial Aid **Erin Macioce**, Testing Center Supervisor **Glenn Davis**, Custodial Supervisor **Paul Rice**, Controller **Sara Herrmann**, Purchasing Manager **Paul O'Connell**, Transfer Office Support Specialist **Robyn Schieber**, English faculty **John Abbott**, Graphic Arts faculty **Martin Adams**, Nursing faculty **Yvonne Chapman** and Mathematics faculty **Michael Roty**. [Click here to learn more](#)

CAMPUS SAFETY TIP

Call Public Safety at x4575 for escort service if walking alone at night.

CAMPUS CONNECTIONS

TEXAS TOWNSHIP CAMPUS

[Interested in a Career as a Surgical Technologist](#)
[National Apprenticeship Week Events at Kalamazoo Valley](#)

[Pizza for Credits](#)
[Transfer Tuesdays](#)

ARCADIA COMMONS CAMPUS

[A Spotlight On: Fine Art](#)
[KVAAP Connect is Nov. 16](#)

[Pizza for Credits](#)

[Drone Pilot to Speak to Kalamazoo Valley Students](#)
[University Center to Hold Office Hours at AWH and the CAH](#)
[New Media '18 Showcase Entries Accepted until Nov. 20](#)

BRN SON HEALTHY LIVING CAMPUS

[Grant Will Increase Access to Locally Grown Produce and Fund Outreach](#)
[University Center to Hold Office Hours at AWH and the CAH](#)

THE GROVES CAMPUS

[Wind Turbine Technician Academy Generates Diversity](#)

KALAMAZOO VALLEY IN THE NEWS

[New Members Elected to Board of Trustees](#)
[Kalamazoo Valley Inaugurates New President](#)
[Kalamazoo Valley Welcomes New President at Inauguration](#)
[Kalamazoo Valley Kicks off Visiting Writer Series with Jamaal May](#)
[What's New at the Kalamazoo Valley Museum](#)
[Affordable or Free Things to Do for Kids in November](#)

**STAFF & FACULTY
DEVELOPMENT**

**CALENDAR OF
EVENTS**

**HUMAN
RESOURCES**
